

Connect with your benefits Wherever and whenever

Managing your health and healthcare expenses doesn't have to be stressful. We have some easy digital tools to help you be more informed and confident about your health benefits and expenses.



myCoreSourceWire

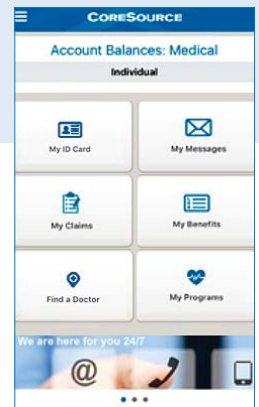
Even when you're not thinking about your health and health benefits, we are. myCoreSourceWire connects with you via mobile messaging so you're always in touch. You'll get messages to help you understand your plan and actively engage with your health.

Just grab your benefit ID card and call **844.274.5819** from your mobile phone to join.



myCoreSource Mobile App

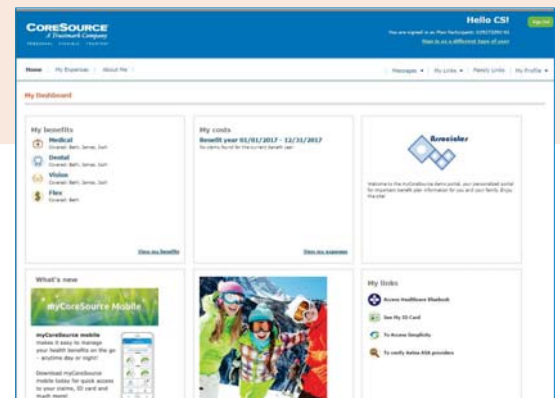
You still need to connect with your health benefits while you're on the go. You can find a doctor, connect with CoreSource customer service, access your benefit ID card, and much more using our mobile app. Download it for free today from Apple's App Store or Google Play.



myCoreSource.com Online Portal

Our secure online portal lets you access your benefits and claims, view your EOBs, manage and pay your medical bills, and more – all from your phone, tablet, or computer, wherever and whenever you want.

Visit www.mycoresource.com to log in or register.



If you have questions, please call the number located at the top of your ID card.

CoreSource is the third party administrator of your employer's self-funded health benefit plan.

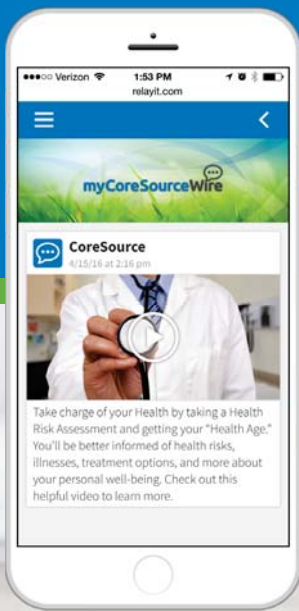
Expect **more.** *Benefit* more.



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Digital Tools available from CoreSource



Make sure to visit myCoreSource.com to select your communication preferences. This process lets you choose how you prefer to receive communications from us regarding your medical benefits and your health.

myCoreSourceWire

Opt-in to myCoreSourceWire to receive mobile messages that help you understand your health plan, actively engage with your health and become more savvy healthcare consumers.

To activate myCoreSourceWire:

01



Call **844.274.5819**
from your mobile
phone.

02



Follow the prompts
to opt in.

And you're done! Fast and easy.

Online Payment Manager



The Online Payment Manager consolidates your medical expenses in one place and lets you pay your share of your healthcare bills online at **myCoreSource.com!** With the Online Payment Manager, you:

- Have better visibility to your healthcare expenses
- Can better manage your healthcare spending
- Can choose multiple payment options

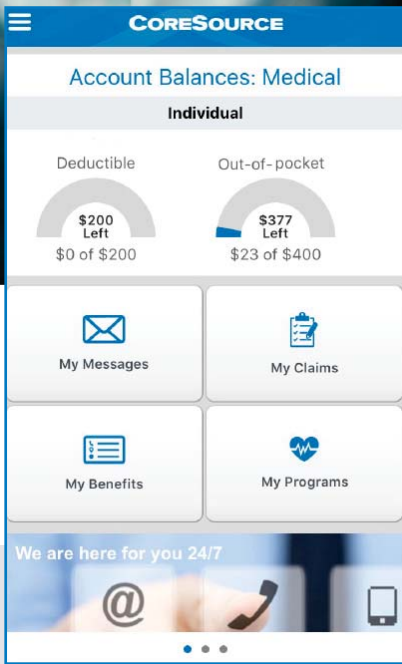
Take advantage of these two tools today to help you
become a more confident healthcare consumer!

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More Connected from Anywhere

We've added even more to our mobile app



We know benefit plans aren't always easy to understand and from time to time, you'll have questions. To make it even easier for you to access your benefit information and ask us questions, we've updated our mobile app with helpful new functionalities.

As always, our mobile app allows you to:

- See the status of your deductible and out-of-pocket maximum
- Find a doctor
- Show your ID card to providers
- Access important benefits information
- View and filter claims for quick reference
- Contact CoreSource by phone

And now you can:

- Ask questions and receive answers from CoreSource through our new message center
- Easily access other services in your benefit plan through the new *My Programs* section
- View each family member's information and benefits
- Filter claims by family member name and type

You can download our app for free from the App Store from Apple or Google Play. Just search for myCoreSource Mobile.

If you have questions, please call the number located at the top of your ID card.

Fast & Easy Way to Get Your Benefits Info



FAST & EASY



ECO-FRIENDLY



SECURE



As part of your employee health benefits plan, you have access to electronic explanations of benefits, or eEOBs. Your eEOB shows your medical claims and payments made by your health benefit plan as processed by CoreSource, the benefits administrator for your health benefits plan.

After you see your doctor or have a test done, we'll send you an email containing your password-protected eEOB. Just follow the instructions in that email to access it. This way you can access to your information quickly, securely, and from anywhere, anytime. You saved some trees too!



Take a minute to verify your email address by logging into mycoresource.com and clicking the *About Me* tab at the top of the page. You can change this address anytime.

If you have any questions about this process or your eEOB, just call the number located at the top of your ID card.

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SERVICE  VALUE  FLEXIBILITY  EXPERTISE  ENGAGEMENT 

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Fast access & info on the go . . . plus *a chance to win an iPad Air 2!*

Sign up for digital communications to get the info you need when you need it, anywhere, anytime... and save a few trees along the way!

You can receive helpful messages and your secure explanation of benefits (EOB) online.



FAST & EASY



ECO-FRIENDLY



SECURE

Did you know?

Your EOB shows your medical claims and payments made by your health benefit plan as processed by CoreSource, the benefits administrator for your health benefits plan. You'll receive an EOB after you see your doctor or have a test done.



How to sign up for electronic communications

1. Visit **myCoreSource.com** and log in to your account. Not registered yet? Select **Create an Account** to get started.
2. Select **About Me** at the top left. If you're registering for the first time, you'll automatically be directed to this page.
3. Click the green **Edit** button at the bottom left and enter your email address.
4. Select **Yes** under "Would you like to receive electronic communications?" and select **Save**.

And you're all done! You can change your email address anytime.

Sign up today for a chance to win a 128GB iPad Air 2!

Two winners will be selected each month from January 2018 through December 2018, so don't wait!

If you have questions, please call the number located at the top of your ID card.

iPad is a trademark of Apple Inc., registered in the U.S. and other countries.

To qualify for the drawing, members must have elected to receive their Explanations of Benefits (EOBs) electronically, be registered for myCoreSource.com, and be eligible on the employer's medical plan administered by CoreSource at the time of the drawing. The odds of winning are dependent on the number of eligible entries each month. Winners must be 18 years or older. No purchase necessary to win.

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Knowing where to go *for care*

These days, we need to be much more aware of what certain health services cost and where to go for care. Oftentimes, we run to the emergency room just for the purpose of convenience. However, you may not recognize that the ER is the most expensive place to receive care and those visits aren't always covered by your health plan, meaning more out-of-pocket expenses. Understanding your options could save you time and money.

Your Doctor's Office



If your injury or illness isn't serious, try making an appointment with your doctor.

- > Health screenings
- > Immunizations
- > Cold or flu symptoms
- > Sinus problems
- > Sore throat

Average cost of visit:

\$100*

Urgent Care



If you can't wait to see your doctor and your symptoms aren't life threatening, head to your local urgent care facility.

- > Animal/insect bites
- > Cuts requiring stitches
- > Ear infections
- > Mild vomiting or diarrhea
- > Sore throat

Average cost of visit:

\$100*

Emergency Room



If you are experiencing symptoms that are life threatening**, don't wait! Call 911 or head to the nearest emergency room.

- > Chest pain
- > Difficulty breathing
- > Sudden dizziness
- > Broken bones
- > Head injuries

Average cost of visit:

\$1,100*

For more information on healthcare coverage through your benefit plan, call CoreSource at the number on the back of your ID card.

* Averages are based on claims data from CoreSource's book of business and are not tied to a specific condition or treatment. Cost of visits will vary depending on plan benefits.

** If your symptoms aren't life threatening, you'll end up with a longer wait and may incur a bigger bill.

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